

## What is teledentistry?

Teledentistry allows your dentist to consult with you on oral health issues when they can't see you in-person. Most dentists will conduct the appointments over live video or telephone. Some also utilize email for their services.

### Teledentistry can help with many issues:

- Oral sores or lesions
- Toothaches, broken teeth or sensitivity issues
- Prescriptions for antibiotics or pain relief
- Orthodontic consultations (discomfort, irritation, etc.)
- Second opinions for treatment plans
- Follow-ups for oral surgery or other procedures

### When should you consider teledentistry? Anytime your dentist offers it.

Your dentist will know right away if they can advise on an issue remotely. It is definitely something to consider before rushing to the emergency room or urgent care facility. Many dentists can review issues remotely to determine a quick treatment plan until you are able to see the dentist in-person. This can save a lot of money because dental care at an emergency room or urgent care facility can be rather expensive.

**Sun Life dental plans cover teledentistry evaluations just as they would an in-office evaluation. Keep in mind, they are subject to the same policy provisions, copayments and frequencies as an office visit.**

**If you are looking for teledentistry services, contact your dentist first. If they aren't able to help you then call 888-811-1240 and we will help you.**

Group insurance policies are underwritten by Sun Life Assurance Company of Canada (SLOC) (Wellesley Hills, MA) in all states, except New York. Prepaid dental products are provided and administered by SLOC, and are provided by prepaid dental companies, affiliated with SLOC, in certain states except New York. Prepaid dental companies are Denticare of Alabama, Inc., United Dental Care of Arizona, Inc., UDC Dental California, Inc., United Dental Care of Colorado, Inc., Union Security DentalCare of Georgia, Inc., United Dental Care of Missouri, Inc., Union Security DentalCare of New Jersey, Inc., United Dental Care of New Mexico, Inc., UDC Ohio, Inc., United Dental Care of Texas, Inc., and United Dental Care of Utah, Inc. In New York, insurance products and prepaid dental products are underwritten or provided and administered by Sun Life and Health Insurance Company (U.S.) (SLHIC) (Lansing, MI).

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